

# Workshop for Healing Professionals Who Work With Survivors of Abuse

Facilitated by Janet Yassen, LICSW  
with Julie Youdovin, Outreach and Program Coordinator, Journey to Safety

**WEDNESDAY, JUNE 9, 2010, 9:30AM - 12:30PM**

Are you a **clinician or other professional** who is interested in learning about an additional resource for Jewish survivors of abuse and trauma?

This workshop will explore the therapeutic applications of mikveh (Jewish ritual bath used to mark life transitions) for strength and healing through Mayyim Hayyim's *Embracing Waters* project.

## Topics to be covered:

- Cultural context of abuse in the Jewish community.
- Various uses of mikveh for traditional and contemporary purposes.
- Mikveh as a therapeutic resource at various stages of healing from abuse.
- Roles and boundaries of the therapist and Mayyim Hayyim staff.
- Therapeutic guidelines for offering the resources of Mayyim Hayyim.

The workshop is geared toward clinicians who work with Jewish survivors and who are familiar with mikveh or who are new to the concept. It will include a tour of the Mayyim Hayyim mikveh, descriptions of immersion ceremonies, and discussion.

The *Embracing Waters* project is a partnership between **Mayyim Hayyim** Living Waters Community Mikveh/Paula Brody & Family Education Center and **Journey to Safety**, the domestic abuse program of Jewish Family and Children's Service and supported by a grant from the Boston Jewish Community Women's Fund.

This workshop is **FREE** and offers **CEUs** for social work, psychology, LMHC, nursing, and medicine for a nominal fee through our collaboration with Beth Israel Deaconess Medical Center.

## For questions and to RSVP, contact:

Carrie Bornstein, MSW, Mikveh Center Director ● 1838 Washington Street, Newton, MA ● 617-244-1836, ext. 201

[www.MayyimHayyim.org](http://www.MayyimHayyim.org)